

## Trojans Take Time To Give Back



The TSJC golf team helped get Cougar Canyon ready for this week's tournament

The TSJC golf team has had a great fall season, including their latest win at the Eastern Wyoming Invitational this past weekend. Kyle Roll shot a 67 on Friday to help the Trojans pull away from Eastern and claim the tournament by 14 strokes. Roll's low round helped him pass

teammate Kaelen Gunderson to claim the individual title.

This week the Trojans will host their annual invitational tournament starting on Thursday afternoon at the Municipal Course and finishing play on Friday morning at Cougar Canyon.

"With the Trinidad municipal course and Cougar Canyon we have one of the best situations in the country for golf," said Coach Rich Holden.

Before play gets underway this week Coach Holden and the Trojan golfers were at Cougar Canyon helping prepare the course by cleaning out one of the biggest bunkers in the nation.

"Cougar has always been very supportive of our program," commented Coach Holden. "They've never wavered in the toughest of times so it is nice to give back."

### STAY INFORMED

- ◆ Activate and check your Student Email
- ◆ Visit the TSJC website at [www.trinidadstate.edu](http://www.trinidadstate.edu)
- ◆ Friend us on Facebook

National  
Collegiate  
Alcohol  
Awareness  
Week

October 17-21

Watch for special events.

## Trojan Teams Play For A Cure

The Susan G. Komen Foundation is dedicated to education and research about causes, treatment, and the search for a cure for cancer. It is the largest source of nonprofit funds dedicated to the fight against breast can-

cer in the world. The TSJC softball and baseball teams will join in the fight against cancer this weekend as they play in the 2011 Raton Fall Baseball and Softball Bash.

*(Continued on page 2)*





On Monday, Tuesday, and Wednesday evenings, dinner will be served from **5 - 6:45 pm**



October is National Breast Cancer Awareness Month

## News from the TSJC Nursing Program



### WHAT'S NEW?

Level 1 nursing students have been busy working on their basic nursing skills for several weeks now. They will tell you the skills are easy and actually fun to do on each other. Their challenge is in keeping up with the reading and doing quizzes, but they learned time-management very quickly. Their energy level is high and they keep focused, making sure to learn everything they can.

Level 2 nursing students are immersed in learning more about Medical-Surgical Nursing and practicing their diagnosing and assessment skills. They are also continuing to learn more about medications, their effects on the body, and safe medication practices.



## Trojan Teams Play For A Cure

*(Continued from page 1)*

The scrimmages will be held in Raton, New Mexico on Saturday and Sunday. On Saturday the Trojan baseball team will face New Mexico Military at 3pm and then end the day's play against Otero at 5:30pm. On Sunday they will play a doubleheader with Luna starting at 2:30pm.

On Saturday the Softball team will face Luna at 3pm, Frank Phillips at 5pm and Northeastern at 7pm. On Sunday the two teams with the least wins on Saturday will play a doubleheader at 9am. The teams with the most wins will play a doubleheader at 1pm.

Saturday, October 1 is Susan B. Koman Breast Cancer

Day and the women's Teams will be playing with the pink balls in honor of Breast Cancer Survivors and Victims. The TSJC Lady Trojans will be wearing their pink jerseys. A concession stand will be offered at the field with all proceeds going to "Susan B. Koman for the Cure".

*A public service announcement from TSJC Student Services Department.*

According to the Federal Government's Committee Ready to Attack Zombie Yazoos" (C.R.A.Z.Y.), a zombie invasion is imminent within the next few years. The CDC has created a vaccine to protect you, but it will only be available to students that have not defaulted on their student loans. Remember to set up a payment schedule so the zombie invasion will not affect you or your family.



## Trinidad State Junior College receives \$3.875 million grant

Trinidad State Junior College (TSJC) President Felix Lopez has announced that the college has been awarded a \$3,875,000 STEM grant from the U.S. Department of Education's Hispanic Serving Institutions (HSI) STEM and Articulation Program. The purpose of this program is to increase the number of Hispanic and other low-income students attaining degrees in STEM fields and to develop model transfer and articulation agreements between the 2-year and 4-year HSIs in such fields.

Speaking to TSJC faculty, staff, college supporters, local dignitaries, visiting members of the State Board of Community Colleges and Occupational Education (SBCCOE) and Colorado

Community College System President, Dr. Nancy McCallin, Lopez said that the \$3.875 million grant will be used to increase the number of students pursuing careers in Science, Technology, Engineering, and Math (STEM) related fields. "Dreaming is really achieving," said Lopez.

"The grant, entitled 'Invertir en STEM!' (Invest in STEM) will improve and transform the science, technology and mathematics programs within an 8-county region of southern Colorado, including 20 high schools," said TSJC Vice President of Student Services and Sponsored Programs, Kerry Gabrielson.

Gabrielson said that TSJC will also develop formal articulation agreements for STEM programs with at least three four-year institutions in southern Colorado, in-

cluding, but not limited to: Colorado State University-Pueblo, University of Colorado-Colorado Springs, and Adams State College.

Over a five-year period, the grant funds will be used for salaries and fringe benefits, professional development, endowment and outreach, remodeling laboratories, and equipment and supplies. TSJC will provide comprehensive academic support for STEM students, develop and implement bridge programming, serve 1,500 students through STEM outreach activities, add new 100 and 200 level STEM courses in traditional and online formats and increase STEM enrollment, retention, graduation and transfer rates.

**TRICK OR TREAT!**





**Monday thru  
Thursday  
5 - 8 pm**

**Friday  
1-4 pm**

**Drop by to play**

- Pool
- Ping Pong
- Foosball
- Shuffleboard
- Air Hockey
- Wii

**Or just hang out  
with friends**

**Watch for upcoming  
tournaments.**



## Expecting a Financial Aid Refund?



Make your refund last!

Go to [www.educationcents.org](http://www.educationcents.org) for information on money management and the psychology of money. Or, visit Derek Grub in Student Services Berg 209 (846-5556) or Tori in the Student Success Center in the Library (846-5473). We'll help you explore ways of s-t-r-e-t-c-h-i-n-g your dollars this semester.



## New Faces at TSJC

Trinidad State Junior College is proud to introduce the addition of new faculty and staff members as the 2011-12 year gets underway. Among the new members of the TSJC family are:



**Marsha Bartulec** is TSJC's new Career and Technical Education Advisor. Her office is located in Berg 201. Prior to joining TSJC, Bartulec worked for Danielson

Designs as the Key Accounts Manager. Before moving to Trinidad, she worked for Union College in Lincoln Nebraska.

Bartulec received her undergrad degree from Union College (Lincoln, NE) in International Studies with an emphasis in Communication and her graduate degree from Doane College (Lincoln, NE) in Management with an emphasis in Leadership and Co-active Coaching.

Bartulec said that she enjoys playing sports, mountain biking, hiking, baking, painting and meeting new people.



**Ashley Lisonbee** is TSJC's Admissions and Recruitment Specialist. She is an alumnus of TSJC, having received her AS degree in May 2008.

After graduating from Trinidad State, she transferred to Texas A&M University where she received a BS degree in December 2010. Lisonbee said that there is no place like TSJC, and

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that is why she came back!



**James Schultz** has joined Trinidad State Junior College as a Senior Accountant. His office is located in Berg 102.

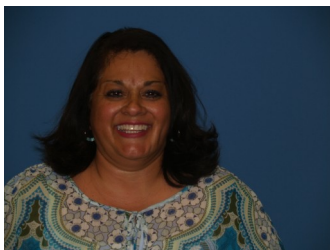
Schultz earned a BS degree in Business Administration from California Polytechnic State University, and brings over 25 years' experience in accounting to TSJC.



**Emily Chavez** is the newest member of TSJC's cosmetology faculty. She enrolled in Cosmetology in 1980 at TSJC and graduated a year later.

She worked in area salons for several years, and in 1998 she returned to TSJC to earn her cre-

dentials to teach cosmetology.



**Glenda Lopez** is the Development Program Coordinator. She assists in processing student scholarships and her office is located in Berg 108.

Prior to coming to TSJC she was employed with Pikes Peak Community College.

Besides her rewarding work helping students, she said that she loves to camp and fish.



**Sharon Suh** has joined TSJC's rapidly growing Music Department as an adjunct faculty member.

She teaches private voice, piano and flute, as well as instructing a variety of the college's music classes.

She holds a Bachelor of Music degree from University of California, Irvine, and a Master of Music degree from San Francisco Conservatory of Music.



**Amanda Vigil-Alcon** is a new adjunct faculty member in accounting. She was previously employed with New Mexico Highlands University (NMHU) as a Graduate Assistant and later as an Adjunct Professor.

She received her BBA from NMHU with concentration in Finance and went on to earn an MBA with concentration in Human Resource Management.

She said her favorite hobbies include photography, cooking, and outdoor activities like fishing.

Information about Carl Cannon, Southern Colorado Line Tech Program faculty and Ryan Newport, Gunsmithing faculty was not available at press time. They will be featured next month.

Please leave the bears alone!



If caught, you could face charges!



Staff & Student  
Costume Contest

Monday, October 31  
12 noon  
in the Cafeteria

Individuals:  
Prizes for 1st, 2nd and  
3rd

Groups:  
Prizes for 1st and 2nd

## CONFUSED ABOUT TRANSFERRING - AND HOW TO DO IT?



It is not too early to think about transfer options! TSJC does all we can to help you realize the choices available to you as transfer students. It is important to us that you pick the right school for you to prioritize your career goals and cost-effectiveness.

Did you know that at least once a month different colleges come to TSJC to offer transfer advice and answer questions concerning programs? If you are not certain which school you want to attend, it is definitely helpful to stop by these tables and ask questions and pick up information. Check your student email, the TSJC Facebook Page, or the TSJC webpage for more information about these events!

Remember! If you have any questions please stop by and Kate Carlisle, our Transfer Advisor, in the Student Success Center, Library 207b. Her office hours are from 12:30-4:30 on Tuesdays and Thursdays, and on Wednesday from 2:00-4:30 pm. She is also available by appointment. Please give her a call (846-5540) or stop by! She may be reached by email at [kate.carlisle@trinidadstate.edu](mailto:kate.carlisle@trinidadstate.edu).

A Colorado State University—Pueblo Representative will be on our campus in the Cafeteria on the following dates:

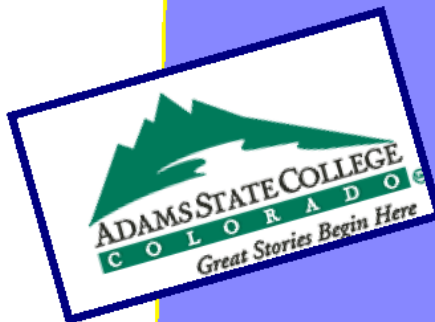
October 17  
10:00 – 2:00

November 4  
10:00 – 2:00

November 29  
10:00 – 2:00

Drop by to learn more about scholarship deadlines and get answers to other transfer questions.

## Adams State College Trip



**Qualified participants can obtain same day admissions\*.**

**Thursday, Nov 3**

**8am—3pm**

\*Same day admissions requires bringing an official transcript that can be orders at the Student Services Office, Berg 201, by **October 28**.

**SIGN UP AT**  
Learning Center  
Library 300  
or  
Student Activities

**BY OCTOBER 21**

## COLLEGE IN COLORADO HOSTS ANNUAL COLLEGE APPLICATION MONTH DURING OCTOBER

*Students are encouraged to use the tools available on [CollegeInColorado.org](http://CollegeInColorado.org) to prepare for their college applications and for a chance to win \$1,000 scholarship or \$500 Ikea gift card.*

**DENVER-** College In Colorado will host College Application Month during the month of October. The goal of College Application Month is to provide every graduating high school senior with the preparation and opportunity to apply to college, with the help of the resources available on [CollegeInColorado.org](http://CollegeInColorado.org). During the first week of College Application Month, students are encouraged to narrow down their college search and to make educated choices about the schools in which they to apply.

[CollegeInColorado.org](http://CollegeInColorado.org) offers many tools for Colorado students to search for colleges nationwide. The **School Finder** can be used to narrow down a list of thousands of schools to just a handful that match the characteristics essential to the student. The **Campus Matching Assistant** can be used to create a list of colleges by entering information about the student's college preferences and requirements, such as housing, class and town size,

and sports available. These are just a couple of the free and extensive tools available on [CollegeInColorado.org](http://CollegeInColorado.org) for students and their families to prepare for higher education.

While the focus of College Application Month is particularly on first-generation students and students who may not otherwise apply to college, participating high schools are encouraged to create a school-wide college-going culture, by including activities for freshmen, sophomores and juniors, and even seniors who have already applied to college.

“Applying for college can be very daunting for any student or parent who is not familiar with the process,” said Dawn Taylor Owens, executive director of College In Colorado. “We have broken down the application process, using the tools and resources available on [CollegeInColorado.org](http://CollegeInColorado.org), so students can prepare throughout the entire month. Our hope is that once they sit down at the computer to apply at the end of October, they will have all the necessary elements to do so successfully.”

To help prepare schools for the event, College In Colorado has provided students

and educators with a calendar, timeline, checklist, and much more. As an incentive for students participating in College Application Month, College In Colorado will host a weekly \$1,000 scholarship drawing for those who complete the activities each week, along with free ice cream from Cold Stone Creamery and a one \$500 Ikea gift card for one student's future dorm. Educators are also encouraged to get involved in College Application Month for a chance to win a \$500 Ikea School Improvement Gift Card.

To learn more about College Application Month and for more information about the scholarships and giveaways, go to [CollegeInColorado.org](http://CollegeInColorado.org) and click on the College Application Month logo.

### **About College In Colorado:**

Colorado ranks in the top five states nationwide for the greatest number of degree holders per capita, yet only one in five Colorado ninth-grade students will earn a college degree, ranking the state in the bottom quartile nationally. College In Colorado was initiated by the Department of Higher Education (DHE), which serves the citizens of the state of Colorado by pro-

moting access to, affordability of, and success in higher education for all students. College In Colorado is charged with changing expectations about college and improving college access for all Colorado students. A cornerstone of the campaign, [www.CollegeInColorado.org](http://www.CollegeInColorado.org), offers a one-stop resource to help students and parents plan, apply and pay for college.

*Something to think about:*

**The heaviest thing you can carry is a grudge.**





## Myth 1

**"I'm more fun when I drink."**

**REALITY:** Believe us, no one thinks you're fun when you're slurring, stumbling all over the place, puking in your pillow, or keeping your roommate up all night. There's a big difference between laughing **with** someone and **at** someone. **Do you really want to be someone's entertainment?**

## Myth 2

**"Everyone drinks heavily at parties so they can relax and hang out."**

**REALITY:** Though many people use alcohol to help themselves loosen up in social situations, **if you'd stop drinking for a sec to take a closer look, you'd realize that most people aren't drinking heavily.** There are only a few people who really get trashed at parties, lose control, embarrass themselves, or endanger their lives.

## Myth 3

**"It totally mellows me out to smoke a little weed after I throw back a few beers."**

**REALITY:** Mixing drugs--including drugs like alcohol and marijuana--has what scientists call an "additive effect." This means you'll feel the intoxication from both. So don't kid yourself into thinking you'll have a few drinks and then "mellow out" by smoking pot. **Sure, you may feel mellow, but what you really are is wasted.**

## Myth 4

**"It's no one else's business how much I drink. I can handle it."**

**REALITY:** If you're drunk and lose your keys and then have to pound on the door until your roommate wakes up and lets you in, that affects your roommate. In fact, studies show that **one person's drinking habits can affect an average of five people other than the drinker.** Still think it's nobody else's business?

## Myth 5

**"If I didn't drink, there would be nothing to do at my school."**

**REALITY:** Uh, hello? It's called a college handbook. Maybe you stuck yours under your bed after the first week of school. Find it, read it, and **learn about the clubs, sports, and service organizations your school offers.** You may be surprised to find out how many people are involved in extracurricular activities other than the Drinking Team.

*(Continued on page 9)*

(Continued from page 8)

## Myth 6

**"I'm having as much fun as I can while I'm in college. As soon as I graduate I'll get my act together."**

**REALITY:** Your drinking habits can keep you from attending class, studying regularly, or getting involved in a career-oriented club or internship. Plus, if you're thinking of going to grad school, you still need to be making the grade so that your transcript looks good to graduate schools. One other thing to keep in mind: even though **no one goes to school intending to become an alcoholic**, heavy drinking behavior in college can ultimately lead some people to full-blown alcoholism after college.

## Myth 7

**"Even though my mom or dad is an alcoholic, I know how to drink without letting it get out of hand."**

**REALITY:** Maybe, maybe not. **Children who grow up in homes with parental alcoholism are three to four times more likely to become alcoholics themselves.** Though this doesn't mean you'll definitely have an alcohol problem if one of your parents does, it does mean you should pay special attention to your behavior. You are not like people whose parents aren't alcoholics.

## Myth 8

**"I just drink socially."**

**REALITY: Drinking with other people doesn't make you a social drinker.** Social drinkers might drink regularly but they don't get drunk. Nor does a social drinker exhibit any of the clinical signs of addiction to alcohol like out-of-control behavior while under the influence, inability to control alcohol cravings, and severe memory loss, like blackouts. Flip to the last page of this brochure, take the self-assessment test, and find out for sure if alcohol plays too big a part in your life.

[http://www.factsontap.org/factsontap/alcohol\\_and\\_student\\_life/eight\\_myths.htm](http://www.factsontap.org/factsontap/alcohol_and_student_life/eight_myths.htm)

**Check out TSJC's  
Weekly Student Activities!**

**There's a wide variety of fun things to do that  
don't involve drinking.**

# Attention Students!

## TRANSFER FAIR!!

**WHERE: PIONEER ROOM**

**WHEN: OCTOBER 20TH  
11:00-1:30 PM**

FIND OUT ABOUT CSU PUEBLO, ADAMS STATE,  
UNIV. OF COLORADO AT COLORADO SPRINGS,  
WESTERN STATE COLLEGE  
AND MORE!

***FREE REFRESHMENTS!!  
DRAWINGS FOR PRIZES!!***

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FOR EXTRA CHANCES TO WIN PRIZES!*

**QUESTIONS? SEE KATE CARLISLE  
STUDENT SUCCESS CENTER 846-5540**

***Bring your unofficial transcripts!***